



NEWS from the

ALICE PAUL INSTITUTE

Honoring her legacy • Preserving her home • Developing future leaders



Volunteer guide Roberta Hess begins a tour of Paulsdale for a members of the Red Hat Society, women over 50 devoted to the pursuit of fun, friendship, freedom and fulfillment.

API Salutes Its Devoted Volunteers

The Alice Paul Institute, launched in 1985, the centennial of Alice Paul's birth, was for many years an all volunteer organization. Today, under the direction of a professional staff, volunteers still play a vital role in fulfilling API's mission.

"We are fortunate to have so many dedicated volunteers with interesting, varied backgrounds," said Kris Myers, API's director of heritage and outreach.

Roberta Hess of Cinnaminson,

who has been volunteering as a tour guide since she completed the orientation program about two years ago, is one of API's dedicated volunteers.

"After I retired, I looked for volunteer opportunities," said Hess, who was a respiratory therapist. "I wanted something different, a complete change of pace."

Hess searched online and found API. "I was somewhat familiar with Alice Paul because we had

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One Person Can Make a Difference - Remember API in Your Will

As a nonprofit organization, API depends upon the generosity of its members and supporters for a significant part of the funds needed to fulfill its mission.

One way to help secure API's future financial stability is through your will, supporting API beyond your lifetime and becoming a member of the *Alice Paul Legacy Society*.

Among those who have become *Legacy Society* members is Dottie Schindlinger of Philadelphia, a long time API supporter and volunteer. She was co-chair of the Alice Paul Leadership Committee and later served as development co-chair as a member of the Board of Trustees.

Professionally, Schindlinger is executive vice president of Verve Internet Solutions/ BoardEffect@,



a Philadelphia-based Internet communications firm specializing in creating online solutions for the nonprofit sector.

Asked what inspired her to make provisions in her will at such an early age, Schindlinger said, "I

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API Today

by
**Rhonda
DiMascio,
API
President**



. Thank you for helping us to make 2008 a successful year. We have reached out to a new audience through ElderHostel's Day of Discovery Program; expanded *Meeting Alice*, a program for fourth-grade students, to serve more schools; organized our second Alice Paul Equality Awards event honoring five women; launched the *Girls Share Their Voice Report*; restored *Paulsdale's* floors and Alice Paul's bookcase; established a women's history library; and much more.

We value all of our members and donors and thank you for all that you do for API. We hope you will continue supporting API by:

- Contributing to this year's annual appeal.
- Considering a tax-free charitable gift from your individual retirement account (IRA) to API (story p. 3).
- Checking out API's online store at www.alicepaul.org for new merchandise items for your holiday shopping.
- Visiting www.shopformuseums.com where you can shop with your favorite online stores at no extra cost to you and have a portion of your purchase amount donated to the Alice Paul Institute.
- Renewing your API membership.
- Attending API's 24th Annual Meeting, Jan. 18 (story on this page) and other special events and activities in 2009.

You will soon receive a very short membership survey by e-mail or regular mail. Please take a moment to complete and fax or mail it back to us. Your input is very important to API.

On behalf of the staff and Board of the Alice Paul Institute, we wish you a very happy and safe holiday season.

Save the Dates: Mark Your Calendar Now

Members: Join API for a Holiday Open House and Volunteer Recognition

API invites members to a Holiday Open House on Sunday, Dec. 7, from 2 to 4 p.m. The Open House features the presentation of volunteer recognition awards and refreshments.

The Open House is also an opportunity to do your holiday shopping at API's gift shop and to redeem the gift certificate you received when you renewed your membership.

If you are not a member and want to become one, contact API at info@alicepaul.org or 856-231-1885 for information. To register for the Open House, contact API by Thursday, Dec. 4.

Annual Meeting Features Book Program

API's 24th Annual Meeting is set for Sunday, Jan. 18, at the Mt. Laurel Library, 100 Walt Whitman Ave., Mt. Laurel. A business meeting, open only to members of the organization, takes place from 2 to 3 p.m.

A book program, open to the public, takes place from 3 to 4 p.m. Author Courtney E. Martin

News in Brief

Girls Share Their Voice Presented at Conference

Dana Dabek-Milstein, director of leadership programs, presented a report on *Girls Share Their Voice* as part of a panel discussion on "Girls and Leadership: Education that Transforms," at the 18th annual Women's Studies Conference at Southern Connecticut State University, New Haven, in October.

The theme of this year's conference was "Girls' Culture and Girls' Studies: Surviving, Reviving, Celebrating Girlhood."

Girls Share Their Voice, published by the Alice Paul Institute, is a comprehensive study of the needs of girls in the South Jersey

will discuss her book, *Perfect Girls, Starving Daughters: The Frightening New Normalcy of Hating Your Body*. The book examines an entire generation of girls striving for unattainable perfection and how they are paying the price with damage to their self-image.

Following the presentation, books will be available for sale and signing. Light refreshments will be served.

For information or to register, please contact API at 856-231-1885 or info@alicepaul.org.

The event is co-sponsored by the New Jersey Chapter of the Younger Women's Taskforce (YWTF), the Mt. Laurel Library and the Alice Paul Institute.

YWTF, a project of the National Council of Women's Organizations, is a nationwide, diverse and inclusive grass roots movement dedicated to organizing younger women and their allies to take action on issues that matter most to them.

The New Jersey chapter, headquartered at the Alice Paul Institute, was established in May. For information about YWTF, please visit www.ywtf.org or e-mail ywtf.nj@gmail.com.

and Philadelphia regions and how the Alice Paul Institute's programs have addressed those needs over the past ten years. The study values girls' voices over simple observation in determining methods and approaches to leadership development curriculum.

Visiting Member Appointed to Board of Trustees

Phuong Nguyen, a second-year student at The Wharton School, University of Pennsylvania, has been named a visiting member of API's Board of Trustees for the academic year 2008-09.

Nguyen was selected as a visiting board member though

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News in Brief

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Wharton's Non-Profit Board Leadership Program, which places second-year MBA students on boards of local non-profit organizations to create a mutually beneficial experience for the student and the organization.

"I was interested in API because I grew up in Mount Laurel," Nguyen said. "I believe in the organization's mission of honoring Alice Paul's achievements and providing opportunities for young women to develop leadership skills."

IRA Rollover Extended

If you are 70 or older, you can roll over your IRA distribution for this year to charity.

In October, President Bush signed the \$700 billion economic bailout bill, which includes a two-year extension of the IRA rollover provision. The provision, originally enacted as part of the Pension Protection Act of 2006 (PPA), permits IRA owners, starting at age 70, to make tax-free charitable gifts up to \$100,000 per year from their IRAs directly to eligible charities. The provision will be made retroactive to January 1, 2008, and will apply to gifts made from that date through December 31, 2009.

The provision exempts from taxable income any funds transferred ("rolled over") from an Individual Retirement Account (IRA) to a charitable organization such as the Alice Paul Institute. Here is how it works:

- The donor requests his or her IRA plan administrator to transfer funds to the Alice Paul Institute. (Donor-advised funds, supporting organizations and private foundations are not included under the provisions.)

- The IRA administrator transfers funds directly to API.

- This "qualified charitable distribution" is excluded from the donor's adjusted gross income.

By transferring your IRA distribution to the Alice Paul Institute, you will become a member of the Alice Paul Legacy Society.

You can also help support API

Girls Advisory Council Members Speak Out

Organized in 2005, the Girls Advisory Council is a group of teen volunteers who plan women's history programs, support API events, review and evaluate program developments and serve as liaisons between the *Alice Paul Leadership Program* and the Community. It is open to girls 14 to 17.

Recently, two long time members commented on what participating in the Council has meant to them.

Jean Cornell, a junior at Cherokee High School and an original member of the Council:

The Alice Paul Institute is a place to go to for girls just like me to determine the future, our future. The staff and volunteers want us to be true to ourselves and challenge stereotypes. At *Paulsdale*, I'm not only allowed to dream big, I'm encouraged to.

I've learned that I can do any-

thing I want to if I put my mind to it. API helped me realize my potential to change the world.

Alexa Ray Santomero, a junior at Lenape High School and also an original Council member:

Being a part of the Alice Paul Institute Girls Advisory Council has changed my life for the better. As a result of my time spent at *Paulsdale*, I am a more confident, outgoing young woman.

Before I was a member of the Council, I didn't think there was anything special about Mount Laurel's history. Now I know that Alice Paul, a historical figure who aided greatly in women's gaining the right to vote, once lived two minutes down the road from my house!

I would like to thank Alice Paul for her perseverance and assiduous determination. When I vote for the first time in 2012, I will be thinking of you!

by making us the beneficiary of your IRA. Doing so can eliminate the income tax, estate tax and generation-skipping transfer tax that could otherwise consume nearly 80 percent of your retirement account before it goes to your heirs. For more information, consult your lawyer.

For information about other planned giving opportunities, contact Rhonda DiMascio, API president, at 856-231-1885.

Call for Nominations

The Alice Paul Institute welcomes nominations for membership on its Board of Trustees effective January 2009.

We are seeking candidates with a variety of skills and backgrounds who are interested in promoting its mission and goals.

Board members are required to serve on at least one of the Institute's standing committees

If you or someone you know would like to serve on the Board, please send a letter of interest to Rhonda DiMascio at rdimascio@alicepaul.org as soon as possible.



API's New Jersey Women's Heritage Trail marker, designates *Paulsdale* as one of 94 sites related to the lives of New Jersey women. The Alice Paul Institute served as project coordinator for the development of the Trail. New Jersey Women's Heritage Trail, a booklet including a description of each site, was published in 2004 and is available for purchase at API.

For news and information about API and its events and programs and to view our sales catalog, please visit our website, www.alicepaul.org.

Volunteers

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learned about her in high school, but I had never heard of API," she said.

She did research online to learn more about the organization.

Hess loves being a tour guide. While she was working, she taught classes in the hospital and feels comfortable speaking to groups.

She conducts tours four or five times a month and sometimes two on open house days. She has conducted tours at API programs for young girls such as *Celebrate New Jersey Women*.

Remember API in Your Will

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decided to write a will after learning about Terry Schiavo who was disabled at age 26 and because she hadn't made provisions in a living will became the subject of a national debate.

"In creating my will, I had the opportunity to think about what sort of legacy I wanted to have. By adding a sentence making a bequest to the Alice Paul Institute, I made sure that although I hope to be around a long time, I can still make a difference after I'm gone."

Making a will was extremely easy, Schindlinger said. "I used a computer program I downloaded from the Internet, and a family member who is an attorney reviewed the document to make sure there weren't any major problems.

"It took me about an hour to create the first draft and perhaps

"I think it's wonderful to teach girls about leadership at such a young age. I wish we'd had something like that when we were young," she said.

"I love the atmosphere at *Paulsdale*, and I find Alice Paul's story inspiring. I am constantly learning something new."

"Roberta is very knowledgeable and very pleasant," said Myers. "Visitors respond to her, and we love having her as a guide."

For information about becoming an API tour guide, e-mail kmyers@alicepaul.org or call 856-231-1885.

another hour to make some changes after I spoke to my family. I then had a notary witness my signature. The cost was \$75, and the whole process took less than an afternoon."

Schindlinger credits her association with API for making her a better leader and a stronger person. "I chose to make API a beneficiary in my will because I believe that Alice Paul's legacy must continue and we need strong women leaders who will work tirelessly to make equality a reality," she said.

"We hope other members will follow Dottie's example," said Kim Moon, co-chair of API's Development Committee.

For information about the legal language to include in your will or other questions, please contact API at rdimascio@alicepaul.org or 856-231-1885 or visit our website at www.alicepaul.org.

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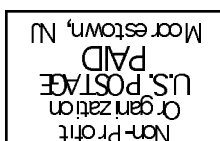
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